

36th Annual
BLUE SPRINGS RUNNERS
2016 – 2017
WINTER SERIES



Runners, Walkers - join us for a series of eight Saturday runs in the crisp fall and winter air. There will be water on the course and it will be marked. Coffee and treats will be provided at the finish.

Distances of 3 and 6 miles.

We will be happy to mark the 12-mile course, but only when requested prior to that day's run.

A prize for participating will be awarded, TBA

All runs start at 7 AM

Saturday November 5 and 26 - Lake Jacomo Administration building

Saturday December 10 and 31 - Daniel Young elementary on 4th off Moreland School road

Saturday January 14 and 28 - Adams Dairy Parkway from Home Depot & I70

Saturday February 4 and 18 - Burger King, 291 & Woods Chapel, Lakewood

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

Email _____ Birth date _____

How many winter series have you run? _____

Fee: \$25. Would you care to join our club yes/no? Add \$15 for an individual, \$20 for Family membership (list other family runners):

I accept all risk of injury from my participation in this series, including but not limited to ice and poor pavement, contact with vehicles, and attacks by animals. I covenant not to sue the Blue Springs Runners, the city of Blue Springs, the city of Lee's Summit, Jackson County or any person or organization involved with conducting this series.

Signature: _____ Date _____