

# 38th Annual BLUE SPRINGS RUNNERS 2018 – 2019 WINTER SERIES



Runners, Walkers - join us for a series of four Saturday runs in the crisp fall and winter air. There will be water on the course and it will be marked. Coffee and treats will be provided at the finish.

Distances of 3 and 6 miles.

We will be happy to mark the 12-mile course, but only when requested prior to that day's run.

### **All runs start at 7 AM**

Saturday November 3 - Lake Jacomo from Administration building

Saturday December 8 - Daniel Young elementary on 4th off Moreland School road

Saturday December 29 - Daniel Young elementary on 4th off Moreland School road

Saturday January 12 - Adams Dairy Parkway from Home Depot & I70

Saturday February 2 - Burger King, 291 & Woods Chapel, Lakewood

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Birth date \_\_\_\_\_

**Fee: \$10.** Would you care to join our club yes/no? Add \$15 for an individual, \$20 for Family membership (list other family runners):

\_\_\_\_\_

I accept all risk of injury from my participation in this series, including but not limited to ice and poor pavement, contact with vehicles, and attacks by animals. I covenant not to sue the Blue Springs Runners, the city of Blue Springs, the city of Lee's Summit, Jackson County or any person or organization involved with conducting this series.

Signature: \_\_\_\_\_ Date \_\_\_\_\_